



New Skater?

Welcome to Winterland!

First things first. What you need.

Skates

Check out our Pro Shop. Best prices around. Hockey or Figure Skates. The most important thing is a good fit. Boot should fit snugly and toes should be able to wiggle a bit. Lace 'em up firmly, especially at the foot. Just don't cut off the circulation!

Sharpen regularly. They should always be sharpened before first wear and then about every two months thereafter.

Walk around off the ice with blade guards on or walk on an old rug or rubber mat. This helps the new skater get used to the balance and check for any discomfort or problems with the fit. Never walk on cement as this will dull or chip the blades.

Always dry blades after each use to avoid rusting. Never leave blade guards on for storage.

Helmet

Helmets are required for beginners of all ages. A hockey helmet with face mask offers the best protection. A properly fitting bike helmet is another choice but offers less protection. Try on several types. Round and snug is best. Adjust chin straps before coming to rink.

Clothing

Warm, water resistant, layers work best. Fleece pants work well over sweats or heavy tights. Outerwear should not be too bulky. Again, fleece is a great choice layered over a sweatshirt or turtleneck. Use water-resistant mittens for young skaters. Gloves are OK for older skaters.

Falling is OK

Falling will happen to everyone. It's OK. Falling on ice is more forgiving than falling on the ground. With warm clothing and the right equipment, your child will be safe. Falling and getting up is one of the first things we teach new skaters.

Separation Anxiety

Winterland coaches are old pros at making skating a fun experience for little skaters, but some skaters are not quite ready. Be patient. If your child is really distraught, we ask that you wait until the child is a little older.

Snow Emergency

Tuesday/Thursday: When Rockland Schools are cancelled, Tot classes are also cancelled. Monday, Wednesday and Saturday skaters. Call Winterland phone 781 740-2255. Make-up class or credit will be given at end of session.

Skate with Santa

Always the Monday before Christmas. No charge. Family members are invited to also skate. Santa loves to play games and dance with the kids on the ice. Bring your camera. Refreshments.

Winterland Ice Show

The kids love it! All Winterland skaters are invited to be in the annual ice show which is held on the first Saturday in May. This show will be shown on local cable TV.